

PROVIDER PROFILE

Vanessa Cray , PMHNP-BC



Primary Care

Vanessa Cray, PMHNP-BC, joined the staff at Mason Health in 2020. Cray is a board-certified psychiatric mental health nurse practitioner who has a passion for working with the mental health population.

Cray values her relationships with both her patients and their loved ones. Most importantly, she is drawn to the philosophy of patient-centered care. Cray's position is to act as a guide for the patient to ensure the best patient care and outcome possible.

Cray obtained her registered nursing degree at College of the Sequoias in Visalia, Calif., and studied for her undergraduate degree at Vanguard University in Costa Mesa, Calif. She also prides herself in receiving her graduate degree at Gonzaga University in Spokane, Washington.

When Cray is not busy advocating for her patients, she enjoys volunteering for the homeless population, hiking, participating in outdoor activities and spending time with her family and her dog.

Cray looks forward to meeting new patients at Mason Clinic and collaborating in a safe, therapeutic environment, free from judgment.

Special Interests

Patient-centered care, building relationships with patients and their families

Practice

Mason Clinic - Primary Care
1701 N. 13th Street
Shelton, WA 98584

Medical Degree

BSN, Vanguard University of Southern California, Costa Mesa, California, 2015

MSN, Gonzaga University, Spokane, Washington, 2019

Certification

Board Certified, Psychiatric Mental Health Nurse Practitioner

Board Certified, Registered Nurse



Mason Health

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