

United Community, Empowered People, Exceptional Health

Stroke

Time is brain! Learn to spot the warning signs and take action!

BE





Ask the person to walk in a straight line and see if their

balance is off.

EyesAsk them

Ask them if their vision is blurred, or have them read something.

F



Ask the person to smile. Does one side of the face droop?

A



Arms
Ask the person

to raise both arms. Does one arm drift downward?

Speech

Ask the person to repeat a simple phrase. Is their speech slurred or strange?



Time

Time is brain.

Note time when symptoms first appeared and call 9-1-1 immediately.

- Stroke is the 5th leading cause of death and the leading cause of disability in the U.S.
- Seeking immediate treatment is essential to saving lives and improving patient outcomes.
- Know your family history and risk factors for stroke and adopt a lifestyle for prevention.