

2021 RUN THE RIDGE Run/Walk/Jog

A Mason County Forest Festival Event • Sponsored by Centennial Guild

ENTRY FORM (One Entry per Form)

To register on-line, go to **www.RunSignUp.com** or mail entries by May 29 with Entry Fee payable to:
Centennial Guild, c/o 50 East Park Place, Shelton, WA 98584.

Name _____ Phone (____) _____
Please Print: Last Name First

Address _____ City _____

State / Zip _____ E-Mail _____

Category: Male Female Age ____ Birthdate (M/D/Y): ____/____/____

Age Group: 3-5 6-9 10-14 15-19 20-29
 30-39 40-49 50-59 60-69 70 +

Event: Mark one per entry form.
 5K Run or Walk
 10K Run
 ¼ Mile Jr. Jog (for 3-8 years; not chip timed)

Fees: Walk or Run Registration Fee (Pre-May 15) \$25 \$_____
 Walk or Run Registration Fee (Post-May 15 to June 2). \$30 \$_____
(Shirts guaranteed only through May 25th).
 Day of Race Registration Fee (Shirt not guaranteed). \$35 \$_____
 Run and walk participants receive
Commemorative Shirts *Register early, (May 15) to guarantee size and shirt*
 Small Medium Large XL 2XL
 Junior Jog Registration Fee \$15 \$_____
 Family/group discount: Call (360) 426-5821 or email
G_CreekRun@comcast.net prior to May 26.

Total Enclosed (Write checks/MOs to Centennial Guild) No Refunds \$_____

Payment by Cash Check # _____ Money Order

By signing, I agree that I have read, understand and accept the waiver of liability.

Signed: _____

2021 RUN THE RIDGE

Kristi Armstrong Memorial Event

Saturday, June 5, 2021
A Mason County Forest Festival Event
Shelton, Washington



- 10K Run
- 5K Run or Walk
- ¼ Mile Junior Jog

at
RIDGE
MEMORIAL EVENT
Sponsored by Centennial Guild
A Chapter of Mason General Hospital Foundation
www.MasonGeneral.com

Title Sponsor:
OCCU
Our Community Credit Union

RELEASE AND WAIVER OF LIABILITY

By my signature below, I execute the following release and waiver of liability and assumption of risk and indemnification in favor of Mason General Hospital Foundation, a Washington, USA, its affiliates and associated parties including but not limited to Centennial Hospital Guild, Ridge Motorsports, Mason County Forest Festival Association, the City of Shelton, Mason County, and all entities' directors, Officers, employees, volunteers and agents (collectively "MGH"). In consideration of acceptance of this entry from authorizing participation by myself/my minor child in the Run The Ridge Run/Walk (hereinafter "Event"), I execute this waiver/release and assumption of risk/indemnification on behalf of myself, my heirs, executors, administrators, and all other parties including my marital community, and any other individual with parental/guardianship interests. I/my child desire to participate in the Event. I understand that participation in the Event presents elements of risk, including but not limited to risk of injury, harm, illness, death and property damage. I understand that I bear the responsibility of ensuring that I/my child am/is medically able and properly trained to participate in the Event. I hereby freely, voluntarily, of my own will (and after consultation with and approval by my spouse and/or any other individual with parental/guardianship interests in the case of Event entry by my minor child), agree to release, forever discharge and hold harmless and indemnify MGH from any liability with respect to any claim that may arise, related in any way to my/my child's participation in the Event. **I intend this release, waiver, indemnification and assumption of risk to be as broad in its extent and purpose as the law will allow, including claims arising from MGH's negligence.**

I authorize the provision of medical care/treatment as deemed necessary by MGH, and intend this waiver to apply to any treatment or other medical services rendered in connection with my/my child's participation in the Event. I understand that MGH does not carry or maintain, and expressly disclaims responsibility for providing any health, medical or disability insurance coverage for Event participants. Each participant is expected and encouraged to carry insurance prior to participating in the Event.

I have read this entire Release and understand all of the provisions. I understand that I may consult with independent legal counsel before signing this agreement if I have any questions or concerns.

2021 RUN THE RIDGE Run/Walk/Jog

A Mason County Forest Festival Event • Sponsored by Centennial Guild
10K Run • 5K Run or Walk • ¼ Mile Junior Jog

Course: New Location for 2021!

Join us for a unique experience to walk or run The Ridge Motorsports racecourse located on W. Eells Hill Road just outside of Shelton with different views of the Olympic Forest, Mt. Rainier, and Christmas tree farms around each corner! There are two elevation changes within the racecourse loop. Course map is available for viewing on the various websites noted on this flyer.

Spectator area: there are two areas on the course to view the race!

• **Start and finish** in the prep area of the 2.49 mile loop. 5K (3.1 mile) participants will make one lap. 10K (6.2 mile) participants will run the loop track twice before cutting back to the finish.

Depending on COVID restrictions, start may be done in staggered waves.

• **All Participants will begin their event at 7:00 am.** Plan to **arrive around 6:15 am** in order to pick up registration materials and complete The Ridge Release of Liability Waiver upon entering the facility.

• Junior Joggers will jog a ¼ mile of the go-kart course beginning at 8:30 am.

• **All participants must sign The Ridge Release of Liability Waiver for both the event coordinator as well as The Ridge Motorsports.**

• **No dogs will be allowed on The Ridge property.**

• For more information, entry forms, course map, or post-race results, go to www.masongeneral.com/community/events or www.masoncountyforestfestival.org or www.RunSignUp.com

Sponsors



Armstrong & Armstrong
Christmas Trees



Don Small
and Sons, Oil
Distributors



Registration: No Refunds.

- **Day-of-race registration** begins at 6:00 a.m.
- **On-line registration** powered by www.RunSignUp.com requires use of credit card; a processing fee will also apply.
- **Electronic chip timing** by **Peak Performance Timing**



Date/Place:

Saturday, June 5, 2021

Ridge Motorsports Park, W. Eells Road
Shelton, Washington
Check-in begins at 6:00 a.m. at The Ridge

- 7:00 a.m.** 10K and 5K Staggered Wave Start
- 8:30 a.m.** Racecourse Loop Closes
- 8:30 a.m.** Junior Jog
- 9:15 a.m.** Run Awards and random prizes pick-up
- 11:00 a.m.** Mason County Forest Festival Paul Bunyon Parade starts on Railroad Ave., Shelton

*We will be following Washington State COVID guidelines regarding wearing masks and making our event as safe as possible.

Questions?

Contact **Sheryal Balding** at (360) 426-5821 or e-mail her at G_CreekRun@comcast.net

Proceeds benefit

Mason General Hospital Foundation

in memory of **Kristi Armstrong, R.N.**, long time Centennial Guild member and beloved nurse at Mason General Hospital