

# DO A PROVIDER SEARCH

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and click on FIND A PROVIDER



## Mason General Hospital & Family of Clinics

# Have You Had Your **Flu Shot** This Year?



- **The flu vaccine is safe and available from health care providers starting this October**
- **Best months to get a flu shot: October and November**
- **Contact your health care provider today**

## **3 Ways to Stay Well**

**Wash Hands Regularly**



**Stay Home When You're Sick**



**Cover Your Cough**



## United Community, Empowered People, Exceptional Health