



# FOOD FROM HOME

Bringing the patient food from home or from outside of the facility should be reserved for special situations when necessary to encourage nutritional intake (i.e. poor appetite, strong likes, etc.).



1. The food must agree with the patient's current diet order (*unless physician has stated otherwise*).

If unsure what food(s) would be appropriate, consult nursing staff before bringing food in.

2. Visitors bringing food for patients must stop and check in at the front desk in the appropriate nursing unit before proceeding into the patient's room.
3. It is advisable to bring only the amount of food that the patient can eat at one meal to prevent spoiling.
4. Any food which is not eaten right away should be transported back home in the original container or disposed of in the trash.