



Mason Clinic Now Open!

Primary Care, Orthopedic, Walk-In and Laboratory services are now available at Mason Clinic.

Mason Clinic Hours are 7:30 a.m. to 7 p.m., Monday through Thursday; 7:30 a.m. to 5:30 p.m. on Fridays; and 8 a.m. to 3 p.m. on Saturdays.



Mason Clinic is located adjacent to Mason General Hospital at 1701 N. 13th Street.

Oakland Bay Pediatrics is Moving!

Your providers are moving into Mason Clinic, starting March 16, 2020.



Nicole Giron, LMHC



Iris Malit, MD



Therese Pizanti, ARNP



Rose Ann Rayos, MD



Alexandra Rhodes, MD



Binod Tuladhar, MD

Thank you for your patience during this transition. For questions, call Oakland Bay Pediatrics at 360-426-3102.

DO A PROVIDER SEARCH

Go to www.masongeneral.com and click on FIND A PROVIDER in the top menu. Enter a Provider's Name or Specialty for a list of providers and their contact information.

For Clinic and Service Move Updates, visit www.masongeneral.com

Testimonial

Praise for Dr. Andrea Martin and Birth Center

On behalf of our family we want to thank the birthing department, the nursing staff went above and beyond for our family and truly cared about us. And thank you to Dr. Martin for listening to me when no one else would and being compassionate and understanding. If it was not for the care and knowledge of this facility and the staff there is a good chance we would not have our little New Year's miracle with us. So from the bottom of our hearts, thank you so much.



Chad and Ami with Loretta and son Jackson, 5

– Ami

Classes and Workshops

First Aid/CPR/AED: Learn the basics of first response in a medical emergency

When: 8:30 a.m. to 1 p.m., Saturday, **March 7**

Where: Mason Health Learning Center, located next to the Shelton McDonald's on Olympic Highway North

Cost: A fee of \$40 (exact cash or check) is required in advance to cover the cost of books and materials, and an eCard can be made available upon successful completion of the course. Comfortable clothing is recommended for all participants, and a Spanish interpreter can be provided on request.

Register: Call the Learning Center for more details about availability at 360-427-3609.

General Diabetes Support Groups:

These free meetings are designed to support, encourage and inform everyone in the community about how to manage diabetes.

Call **Debbie McGinnis, RN, CDE**, at 360-427-7332 for more information.

Subject: Foot Care and Wound Prevention

When: 1 to 2 p.m., **March 19**, in the MGH Pershing Room and 1 to 2 p.m., **March 26**, at Port of Allyn

Type 1 Diabetes Support Group

When: 1 to 2 p.m., second Wednesdays, **March 11**

Where: MGH Ellinor Room

Register: Call **Debbie McGinnis, RN, CDE**, at 360-427-7332 for more information.

Cancer Wellness Workshop

Mason Health partners with the Karen Hilburn Cancer Fund and Harmony Hill Retreat Center to offer a support program to those affected by cancer.

Where: Pershing Room at Mason General Hospital

When: 4 to 6:30 p.m., **March 11**
Register: Call **Kelly Mattheis**, patient navigator, at 360-432-7706 or email patientnavigator@masongeneral.com.

NEW Breastfeeding Comes First Support Group:

Whether you are planning to breastfeed, currently breastfeeding or simply supporting someone who is, any and all are welcome to this new drop-in breastfeeding support group. This group meets the second Thursday of each month, in conjunction with the Breastfeeding Coalition of Mason County.

When: 10:30 a.m. to 12:30 p.m., Thursday, **March 12**

Where: MGH Ellinor Room
For immediate breastfeeding concerns, contact MGH Birth Center at 360-427-9558 or email masonbreastfeedingcoalition@gmail.com

Baby Items Now Available

AT THE MASON GENERAL HOSPITAL GIFT SHOP



Proceeds from the Gift Shop benefit scholarships for students pursuing degrees in the medical field.



Special Kudos



Congratulations to **LeAnne Powers**, accounting specialist, for being selected as the Mason Health February *Employee of the Month!*

Save the date!



Friday, June 26
Lakeland Village Golf Course in Allyn
Look for updates on
www.masongeneral.com

Mason Health

901 Mountain View Drive, PO Box 1668, Shelton, WA 98584
360-426-1611, from Allyn 360-275-8614
Toll free 1-855-880-3201 • TTY/TDD 360-427-9593

www.MasonGeneral.com • www.MyMasonVirtualCare.com

Equal Opportunity Provider • Free Translation Services Provided/Se habla español

Accredited by DNV-GL Healthcare

Mason Health complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, religion, national origin, age, disability, sex or sexual orientation.

Mission

United Community, Empowered People, Exceptional Health

Vision

Provide the best patient-centered care in the Pacific Northwest.

Values

Service & Relationships