

## IT'S SAFE TO GET CARE AT MASON HEALTH

### Current COVID-19 & Vaccination Updates

**Mason Health has administered more than 21,593 doses of COVID-19 vaccine to date!**

As of May 12, all Washingtonians ages 12 and older are eligible for the COVID-19 vaccination, following announcements from the Department of Health and CDC. Mason Health is providing vaccinations through our vaccine clinic, as well as at community outreach events.

Please note – parental consent/permission and completed consent forms are required prior to vaccination for all vaccine patients under the age of 18.

Don't forget to schedule your COVID-19 vaccination appointment online! Visit our website at <https://calendly.com/masonhealth> and look for the link to schedule your vaccine.



Andrea Lopez, MA-C, and Allen Millard, MD, in personal protective equipment at the Mason Health COVID-19 treatment and testing site.

Don't forget to fill out and bring your consent form to the appointment.

Mason Health is supporting Mason County's planned mass vaccination drive-thru events and pre-scheduled community events. Schedule a time at a mass vaccine event by visiting Mason County's website at [www.co.mason.wa.us](http://www.co.mason.wa.us).

Sign up to get your COVID-19 vaccine at [www.covidvaccinewa.org](http://www.covidvaccinewa.org).

For more COVID-19 vaccine information, visit [www.masongeneral.com/about/covid-19](http://www.masongeneral.com/about/covid-19).

### News Briefs

#### Mason Health Partners with Ross E. Vogelgesang, MD to Offer Pain Management Services

Mason Health is proud to partner with a Pain Management provider Dr. Vogelgesang, who will see patients at Mason Clinic.

Learn more about **Ross Vogelgesang, MD** by visiting [www.masongeneral.com/services/pain-management-services](http://www.masongeneral.com/services/pain-management-services) or search his name through our Find-a-Provider link online at <https://www.masongeneral.com/find-a-provider>.



Ross Vogelgesang, MD

#### MGH Olympic Physicians is Moving!

These providers are moving into Mason Clinic on June 10-11, 2021.

Appointments will be available starting **Monday, June 14, 2021.**

To schedule an appointment with these providers, call **360-426-2653.**



KC Graham, PA-C

Katie Hackney, PA-C

Rebecca K. Hendryx, MD

Erin Martinache, LICSW



Jennifer A. Nelson, ARNP

Mark L. Schlauderaff, MD

Jimmy Wesson, MD

## Celebrating Mason Health Week



The District celebrated **Mason Health Week** the week of Monday, May 10 - 14.

This year's event theme was **Honoring Health Care Heroes** in recognition of all of Mason Health's staff members but also the first responders who are helping to protect the health of the community during the pandemic.

The celebratory activities included staff recognition gifts, food, daily prize drawings, a focus on our **Core Value – Service**, a kick-off personal care drive benefitting Turning

Pointe and Shelton Family Center. These organizations support survivors of domestic violence and homeless youth respectively.

We rounded out the week of activities with a "Fitness Friday" grand finale at the local YMCA facility in coordination with our Mason Health Dietitians **Sarah Fulkerson** and **Breann Hogie!**

It was truly wonderful celebrating our staff members as champions of our **Mission: United Community, Empowered People, Exceptional Health!**

### Classes and Workshops

#### Cancer Wellness Workshop

Mason Health, in partnership with Harmony Hill Retreat Center, is hosting virtual cancer support groups. For more information, call **360-432-7706** or email [patientnavigator@masongeneral.com](mailto:patientnavigator@masongeneral.com).

**Time:** 4 to 6:30 p.m., second Wednesday of the month

**Location:** ZOOM or conference call  
**Register:** <https://harmonyhill.z2systems.com/np/clients/harmonyhill/eventRegistration.jsp?event=728&>

**Cost:** Free

#### Diabetes Wellness Groups

Mason Health's Diabetes Wellness support groups and Diabetes Prevention classes are still on hold, as of press time. For help managing your diabetes or to inquire about current information, call the Diabetes Wellness Center at **360-427-7332.**

**Note:** All other Mason Health classes, workshops and support groups are on hold due to COVID-19.

### Special Kudos



**Congratulations to Perfecto E. Villarreal,** EVS Technician, for being selected as the May 2021 *Employee of the Month.*

#### Do You Know that You can See Your Doctor Online?

With **Mason Health Telehealth** services, you can schedule phone consultations and video conferences with your primary care, behavioral health and specialty providers.

With this past May being **Stoke**

**Awareness Month**, visit [www.masongeneral.com/services/telehealth](http://www.masongeneral.com/services/telehealth) to learn how you can schedule a virtual appointment with your provider to discuss your cardiovascular health.



### MGH Foundation News

#### Save the Date for Bikers for Babies!

Save the date **Saturday, Sept. 18**, for the second annual **Bikers for Babies** motorcycle ride, a fundraiser for the MGH Birth Center. This is a **Mason General Hospital Foundation** event in partnership with the **Indian Motorcycle Riders Group of Bremerton** and **Brothers Powersports.**

Online registration will open soon, and registration includes a lunch provided by Indian Motorcycle Riders of Bremerton. Follow updates at [www.masongeneral.com](http://www.masongeneral.com) for up-to-date info.



**Open Enrollment Now Extended to August 15!**



Mason Health has navigators available to help you enroll in a health insurance plan during this special enrollment period.

Contact:  
**Susana Lopez:** 360-432-7766  
**Alex Schiffman:** 360-432-7790

### Mason Health

901 Mountain View Drive, PO Box 1668, Shelton, WA 98584  
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**Mission**  
United Community, Empowered People, Exceptional Health

**Vision**  
Provide the best patient-centered care in the Pacific Northwest.

**Values**  
Service & Relationships