




**Mason Health**  
Mason General Hospital • Mason Clinic

Mason Health's Board of Hospital Commissioners Cordially Invites You to the

## Mason Clinic Grand Opening & Dedication Ceremony

FEBRUARY 21, 2020  
1 p.m.

Mason Clinic  
1701 North 13th Street  
(Parking at Hospital's Main and Emergency Entrances)

Welcome & Ribbon Cutting Ceremony  
Tours and Refreshments to Follow

Please RSVP to  
Mason General Hospital Foundation  
By Friday, Feb. 14, 2020

Tel: 360-427-3623 or  
Email: [foundation@masongeneral.com](mailto:foundation@masongeneral.com)



## Mason Clinic Opening Soon!

MGH Shelton Family Medicine and Orthopedics providers, the Walk-In Clinic and services from the Professional Way Lab Draw Station are moving to Mason Clinic, starting Feb. 24.

The Grand Opening & Dedication Ceremony for Mason Clinic is Feb. 21, 2020 at 1 p.m. All are welcome to join us for this special occasion.

 Katie Aldrich, PMHNP-BC Behavioral Health	 David Anderson, MD Primary Care	 Amber Carlson, LICSW Primary Care
 Vanessa Cray, PMHNP-BC Behavioral Health	 Darren Cuevas, DO Primary Care	 Michelle Hamilton, DO Primary Care
 Andrew Kwon, MD Primary Care	 Tony Pham, DO Primary Care	 Resa Shauer, PA-C Primary Care
 James Stauffer, PA-C Primary Care	 Katrina Stringer, ARNP Primary Care	 M. Hillary Underwood, PA-C Primary Care
 Lucinda Boudreau, PA-C Walk-In	 Anthony Gordon, PA-C Walk-In	 Lisa Ribera, PA-C Walk-In
 Glenn Sots, PA-C Walk-In	 Mike Henry, MD Orthopedics	 Charles Anderregg, PA-C Orthopedics

**DO A PROVIDER SEARCH**  
Go to [www.masongeneral.com](http://www.masongeneral.com) and click on FIND A PROVIDER in the top menu. Enter a Provider's Name or Specialty for a list of providers and their contact information.

For Clinic and Service Move Updates, visit [www.masongeneral.com](http://www.masongeneral.com)

### Classes and Workshops

**First Aid/CPR/AED:**  
Learn the basics of first response  
**When:** 8:30 a.m. to 1 p.m., Saturday, **Feb. 8**  
**Where:** Mason Health Learning Center, located next to the Shelton McDonald's on Olympic Highway North  
**Cost:** A fee of \$40 (exact cash or check) is required in advance to cover the cost of books and materials, and an eCard can be made available upon successful completion of the course. Comfortable clothing is recommended for all participants, and a Spanish interpreter can be provided on request.  
**Register:** Call the Learning Center for more details about availability at 360-427-3609.

**General Diabetes Support Groups:**  
These free meetings are designed to support, encourage and inform everyone in the community about how to manage diabetes. Call **Debbie McGinnis, RN, CDE**, at 360-427-7332 for more information.  
**Subject:** *What's On Your Plate? An Exploration of Many Diet Plans*  
**When:** 1 to 2 p.m., **Feb. 20**, in the MGH Pershing Room and 1 to 2 p.m., **Feb. 27**, at Port of Allyn

**Type 1 Diabetes Support Group:**  
**When:** 1 to 2 p.m., second Wednesdays, **Feb. 12**  
**Where:** MGH Ellinor Room  
**Register:** Call **Debbie McGinnis, RN, CDE**, at 360-427-7332 for more information.

**Cancer Wellness Workshop**  
Mason Health partners with the Karen Hilburn Cancer Fund and Harmony Hill Retreat Center to offer a support program to those affected by cancer.  
**Where:** Pershing Room at Mason General Hospital  
**When:** 4 to 6:30 p.m., **Feb. 12**  
**Register:** Call **Kelly Mattheis**, patient navigator, at 360-432-7706 or email [patientnavigator@masongeneral.com](mailto:patientnavigator@masongeneral.com).

## MGH Professional Way Lab Draw Station is moving!



**Hours:**  
Monday through Friday  
7:30 a.m. to 6 p.m.

**No appointment necessary.**

### Testimonial

**Special Commendation for Emergency Department nurses and staff from Mason County Sheriff's Office**

*The Mason County Sheriff's Office, Central Mason Fire and District 6 personnel responded to an overdose. The person was transported to the Mason General E.R. via Central Mason EMS.*

*The doctors and nurses at the ER rarely, if ever, receive recognition for the amazing life-saving work they do. Today, Fire, EMS and ER staff came together as a team and saved a life.*

*I saw the professionalism, dedication, partnerships and respectful values displayed today by these professional men and women.*

*I believe these men and women should be recognized for their dedication to saving the lives of the citizens of Mason County.*

— Mason County Sheriff's Office


## Welcome New Providers!



**Behavioral health providers choose Mason Health**

Katie Aldrich PMHNP-BC, Mason Clinic	Kirsten Garza PMHNP-BC, MGH Olympic Physicians	Vanessa Cray, PMHNP-BC, Mason Clinic
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## Have You Had Your Flu Shot This Year?



### Special Kudos



### Save the date!

MASON GENERAL HOSPITAL FOUNDATION



ANNUAL GOLF TOURNAMENT

**Friday, June 26**  
Look for updates on [www.masongeneral.com](http://www.masongeneral.com)

**Mason Health**  
901 Mountain View Drive, PO Box 1668, Shelton, WA 98584  
360-426-1611, from Allyn 360-275-8614  
Toll free 1-855-880-3201 • TTY/TDD 360-427-9593  
[www.MasonGeneral.com](http://www.MasonGeneral.com) • [www.MyMasonVirtualCare.com](http://www.MyMasonVirtualCare.com)

**Mission**  
United Community, Empowered People, Exceptional Health

**Vision**  
Provide the best patient-centered care in the Pacific Northwest.

**Values**  
Service & Relationships

Equal Opportunity Provider • Free Translation Services Provided/Se habla español  
Accredited by DNV-GL Healthcare  
Mason Health complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, religion, national origin, age, disability, sex or sexual orientation.

**Contact your health care provider today**

**Congratulations to Andrea Welander, RN**, for being selected as the Mason Health January Employee of the Month.

## Visit the MGH Gift Shop

Open Monday – Friday from 10 a.m. to 4 p.m.

