

## IT'S SAFE TO GET CARE AT MASON HEALTH

### Current COVID-19 & Vaccination Updates

Mason Health has administered more than 11,000 doses of the COVID-19 vaccine to date!

**NEW** – You can now schedule your COVID-19 vaccination appointment online! If you are eligible for the COVID-19 vaccine in Washington state, visit our website and look for the link to schedule your vaccine. **Please remember to fill out and bring your consent form to the appointment. Download it via our website.**

#### Now Scheduling COVID-19 Vaccines!



To receive a vaccination through Mason Health or Mason County Public Health, you must be a Mason County resident, work in Mason County or be an established patient at Mason Health.

Mason Health is supporting Mason County's planned mass vaccination drive-thru events and pre-scheduled community

events. Schedule a time at a mass vaccine event by visiting Mason County's website at [www.co.mason.wa.us](http://www.co.mason.wa.us).

**If you or someone you know is having a hard time signing up for an appointment using a computer, please contact the Mason County Senior Center at 360-426-7374. Mason Health is providing regular vaccine clinics at the Senior Center.**

**People currently eligible for the COVID-19 vaccine include:**

- Health care workers, first responders, long-term care facility residents



**Updated Info**

Mason Health volunteer Deborah Hartley administers the COVID-19 vaccine to Dave Pierik at one of Mason Health's prescheduled events at the Mason County Senior Activities Association Center, March 12.

- People over 65
- People over 50 living in a multigenerational household
- Educators and staff, Pre K - 12th Grade
- Child care workers
- High-risk workers in congregate settings, such as agriculture, food processing, grocery stores, public transit and correctional facilities
- People 16 or older who are pregnant or have a disability that puts them at high risk for severe COVID-19 illness

Find out more about whether you are eligible at [www.covidvaccinewa.org](http://www.covidvaccinewa.org).

For more COVID-19 vaccine information, visit [www.masongeneral.com/about/covid-19](http://www.masongeneral.com/about/covid-19).

### COVID-19 Testing and Treatment

Mason Health's COVID-19 testing and treatment sites are located near The Medicine Shoppe on Professional Way in Shelton.

#### UPDATED HOURS

**12:30 to 4 p.m., Monday through Friday.**

To be tested for COVID-19 or to see a health care provider if you are ill with symptoms of COVID-19, call the Respiratory Illness Triage Line at 360-427-3615.

 Follow us on social media!

### Visitor Restrictions and Closures

Mason Health has several safety measures in place to protect patients:

- **Updated! 1 visitor is allowed**, with limited exceptions for Emergency Department patients.
- MGH Cafeteria is open to authorized visitors only.
- **Updated! The Patient Accounts and Billing Office is now open to the public** and is located next to McDonald's. Call 360-427-3601 (or 360-275-8614 from Allyn) if you need help paying your bill or pay online at [www.masongeneral.com/payyourbill](http://www.masongeneral.com/payyourbill).
- Only 1 person is allowed at a time in the **Health Information Management Office/Medical Records**. Call ahead for your records at 360-427-9857.
- **Mason General Hospital Foundation and the Mason Health Development Office** is open by appointment only. Call 360-427-3623 for service.
- The **Learning Center** is closed to the public and there are no community classes scheduled at this time.

**Policy and practice does not change regardless of vaccination status.**

**COVID-19 updates may change without notice**

#### MGH Foundation News

### Register now for Run the Ridge!

Registration is available now for the MGHF Centennial Guild's **Run the Ridge** event on Saturday, June 5! **NEW** this year, the event, formerly known as the Goldsborough Creek Run/Walk/Jog, moves from downtown to Ridge Motorsports Park. This fundraiser is intended to raise money for nursing scholarships in memory of Mason General Hospital nurse Kristi Armstrong.

*Note: The Guild reserves the right to change or cancel the event due to COVID-19 impacts.*

The 5K Run/Walk and 10K Run are intended for all age groups. Find more information and register at [www.masongeneral.com/community/events/ridgerun](http://www.masongeneral.com/community/events/ridgerun).



### Save the Date for Bikers for Babies!

**Save the date Saturday, Sept. 18**, for the second annual **Bikers for Babies** motorcycle ride, a fundraiser for the MGH Birth Center. This is a **Mason General Hospital Foundation** event in partnership with the **Indian Motorcycle Riders Group of Bremerton and Brothers Powersports**.



Marica Thomas, RN, with baby Sebastian Estrada in an infant warmer in January 2021.

Funds raised will go toward the purchase of an infant warmer for the MGH Birth Center.

Online registration will open soon, and registration includes a lunch provided by Indian Motorcycle Riders of Bremerton.

Follow updates on social media or visit [www.masongeneral.com](http://www.masongeneral.com) for up-to-date info.

#### Classes and Workshops

### Cancer Wellness Workshop

Mason Health, in partnership with Harmony Hill Retreat Center, is hosting virtual cancer support groups. For more information, call 360-432-7706 or email [patientnavigator@masongeneral.com](mailto:patientnavigator@masongeneral.com).

**Time:** 4 to 6:30 p.m., second Wednesday of the month

**Location:** ZOOM or conference call

**Register:** <https://harmonyhill.z2systems.com/np/clients/harmonyhill/eventRegistration.jsp?event=728&>

**Cost:** Free

### Diabetes Wellness Groups

Mason Health's Diabetes Wellness support groups and Diabetes Prevention classes are still on hold, as of press time. For help managing your diabetes or to inquire about current information, call the Diabetes Wellness Center at 360-427-7332.

**Note:** All other Mason Health classes, workshops and support groups are on hold due to COVID-19. For questions, email [foundation@masongeneral.com](mailto:foundation@masongeneral.com).

#### Special Kudos

**Congratulations to Gina Belen**, Health Information Management Clerk, for being selected as the March 2021 *Employee of the Month*.



### Open Enrollment Period Extended to June 30!

The Washington Health Benefit Exchange (WAHBE) is providing a special enrollment period (SEP) to extend the timeframe for Washingtonians seeking health coverage.

This SEP is now extended through June 30, 2021.

Mason Health has navigators available to help you enroll in a health insurance plan during this new SEP. Contact: **Susana Lopez: 360-432-7766 • Alex Schiffman: 360-432-7790**

#### Mason Health

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**Mission**  
United Community, Empowered People, Exceptional Health

**Vision**  
Provide the best patient-centered care in the Pacific Northwest.

**Values**  
Service & Relationships