

Watch for **SCOPE** in mailboxes at the end of October!

IT'S SAFE TO GET CARE AT MASON HEALTH

News Briefs

Mason Health joins Practice Greenhealth to advance sustainable health care practices

Mason Health has joined **Practice Greenhealth**, the leading nonprofit membership and networking organization for sustainable health care. The mission of Practice Greenhealth is to empower its members to increase their efficiencies and environmental stewardship while improving patient safety and care through tools, best practices and knowledge.



PRACTICE Greenhealth

The health care sector has an enormous impact on the environment – from producing 5.2 billion tons of waste annually and consuming more than 8 percent of the nation's energy, to using products containing DEHP/PVC and other chemicals.

"We are honored to have Mason Health join our growing network of more than 1,100 hospitals and health care systems that support sustainable health care and have made a commitment to environmentally preferable practices," said **Gary Cohen**, Co-Founder and President of Practice Greenhealth.

Mason Health will now have access to tools, resources and expert knowledge that advance sustainable health care and drive change throughout the organization.

Trunk-or-treat coming!

Please Join Us! Mason Health will be hosting a **trunk-or-treat** at in the north parking lot of Mason General Hospital, from **2 to 5 p.m., Friday, Oct. 30**. Cars will be socially distanced. Come in costume! Masks required. *Everyone welcome.*



Mark your calendars!

Open enrollment for Washington Healthplanfinder starts Nov. 1! The open enrollment period is from Nov. 1-Dec. 15, 2020.

If you need assistance signing up, please contact Mason Health's Patient Navigator **Susana Lopez** at 360-432-7766.

In the Spotlight

Community Health Worker – Sandra Putvin

Mason Health's Community Health Worker **Sandra Putvin** can help connect you to resources in the Mason County community, including resources for food, shelter, domestic violence support and more. Call Sandra at 360-432-3296 Monday-Friday from 8 a.m. to 4:30 p.m. for support.



Sandra Putvin

Praise for Mt. View Women's Health Providers!



Dr. Andrea Martin, MD

Dr. Andrea Martin, MD
- Service from the Heart Commendation
"You were the most personable, knowledgeable and down-to-earth doctor I have ever had. Thank you."



Dr. Carey Martens, DO

Dr. Carey Martens, DO
- Service from the Heart Commendation
"I would have followed you anywhere from Aberdeen. You are the best!"

Current COVID-19 Notices

No Visitors Allowed. Limited Exceptions for Hospitalized Patients.

ALL SUBJECT TO CHANGE

MGH Cafeteria open to authorized visitors only.

These Mason Health functions remain closed until further notice.

- The **MGH Gift Shop** will remain closed until Phase 4.
- All **community meetings, classes and support groups** have been cancelled until further notice.

The following offices at Gateway Center are now open:

- **Health Information Management Office/Medical Records** is open from 8 a.m. to 4 p.m., Monday through Friday. Please call ahead at 360-427-9857.
- **Patient Accounts and Billing Office** is open from 8 a.m. to 4:30 p.m., Monday - Friday. If you have any questions please call 360-427-3601; from Allyn call 360-275-8614 and ask for the Patient Accounts Office. You can pay your bill online at www.masongeneral.com/payyourbill.
- The **Learning Center** is open by appointment only. Call 360-427-3609 to inquire about classes.
- The **Mason General Hospital Foundation** and **Mason Health Development Office**, which also houses **Volunteer Services** and **Marketing**, is open by *appointment only*. Call 360-427-3623 or email foundation@masongeneral.com to schedule an appointment.



Visit our social media sites and www.masongeneral.com/about/covid-19 for the latest updates.

Preventive Care Matters: Breast Cancer Awareness Month & Flu Vaccines



From left, Mammography Technologist **Jody Olsen**, Diagnostic Imaging Manager **Shane Faford** and CT Technologist **Mozell Snider** pose with Mason General Hospital's 3D Mammography Machine.

Health care maintenance is just as important as treating a health care crisis. Most health insurance plans cover preventive services, such as immunizations and annual physicals. It is more important than ever to obtain your preventive flu vaccination this season. Be prepared for your health care provider to ask whether you have had your annual flu shot or if you have been screened for breast cancer as we approach flu season and **Breast Cancer Awareness Month**.

Contact your health care provider if you would like to schedule a **flu shot** or **breast cancer screening**. Your health is important to us.

MGH Foundation News



Bikers Donate Funds

From left, Brothers Powersports Brand Specialist **Abel Eaton** and Indian Motorcycle Riders Group #2047 President **Eric Barnhart** presented a donation of more than \$1,200 to Public Hospital District No. 1 Commissioner **Scott Hilburn** and Mason Health Chief Development & Communications Officer **Jennifer Capps** at the **Bikers for Babies** event, Saturday, Sept. 19. The donation was made to Mason General Hospital Foundation, which will use it to help purchase a fetal heartbeat telemetry unit for the Birth Center at Mason General Hospital.

Fantasy Forest Cancelled

Due to ongoing concerns around COVID-19, Mason General Hospital Foundation and the Fantasy Forest Steering Committee have cancelled **Fantasy Forest** for the year 2020.

The Karen Hilburn Cancer Fund has also announced the cancellation of **Denim & Diamonds** in 2020.

We hope to come together with community members in 2021 if it is safe to do so. Please follow us on social media or at www.masongeneral.com for updates.

Give to MGHF while you shop at Fred Meyer – Community Rewards Program

Mason General Hospital Foundation has been enrolled in the **Fred Meyer Community Rewards Program**. Shoppers now have the ability to register their Shopper's Card to start giving back to MGHF. **Fred Meyer** Once registered, any transactions moving forward using the Shopper's Card number associated with your digital account will be applied to the program, **at no added cost to you**. Visit www.fredmeyer.com. Once logged into your Fred Meyer account, you can search for Mason General Hospital Foundation or **MN711** and click **Enroll**. New users will need to create an account, which requires a valid email address and a rewards card.

IRS announces new rules for charitable giving

Want to help others by donating to Mason General Hospital Foundation? For the year 2020, the IRS has decided to allow taxpayers to claim standard deductions while also permitting them to take credit for up to \$300 in cash-based charitable contributions made during the year to a 501(c)(3) organization like Mason General Hospital Foundation.

We encourage you to talk to your accountant or tax advisor about the changes that have been made available under the CARES ACT on charitable contributions.

No matter the contribution, Mason General Hospital Foundation appreciates all of your support as we continue our mission of supporting quality health care in our community.

Mason Health
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Mason Health does not discriminate on the basis of patient's age, race, ethnicity, national origin, gender identity or expression, sexual orientation, religion, culture, physical or mental disability, financial status or condition (including the terminally ill or dying), limited English, visual, hearing or learning impaired.

Mission
United Community, Empowered People, Exceptional Health
Vision
Provide the best patient-centered care in the Pacific Northwest.
Values
Service & Relationships