



News Briefs

A new day for Mason Health

by Eric Moll, CEO



The Hospital District has enjoyed more than 50 years of success in serving our community and is expanding to meet the growing and sophisticated health care needs of our patients.

The grand opening of Mason Clinic is on the horizon in February 2020, and the District could not be more excited about this new chapter.

The move will bring all of the District's clinics, except for Hoodspout Family Clinic, into one building physically connected to Mason General Hospital. This will create a more integrated experience for patients and will enhance collaboration among providers.

Our District's name and associated logo should reflect that we are now a much different organization. It is truly a new day for our District.

Marking this new chapter, we have unveiled a new name: **Mason Health**, a timeless and modern reflection of the organization. Mason General Hospital and Mason Clinic will retain their names.

The District has also rolled out a new mission statement, which was our former vision statement:



United Community, Empowered People, Exceptional Health.

As an organization we will continue to focus on bringing our community together by empowering our staff and empowering our patients to achieve their best health.

The District's new vision statement is to **provide the best patient-centered care in the Pacific Northwest**, and the new values are **Service and Relationships**.

We want to continue to be recognized as a leader in the health care sector both locally and regionally. We all strive to serve our patients and make their experience with us the absolute best it can be. Our new vision statement and values reflect this philosophy and culture.

Commissioner Scott Hilburn honored with Governance Excellence Award



The Washington State Hospital Association has recognized the strong leadership of Commissioner **Scott Hilburn** with its inaugural *Ben Lindekugel Governance Excellence Award*.

The award was named after Ben Lindekugel, the late Association of Washington Public Hospital Districts executive director who was dedicated to ensuring good governance among hospitals across the state.

The award was created to recognize a hospital board member or commissioner who has displayed exemplary leadership and community service.

Hilburn has served as an elected commissioner for the District for 18 years.

"Scott represents the very best in hospital governance: a passion for his community, commitment of his time and attention, and a dedication to finding solutions to challenging problems," said Cassie Sauer, WSHA president and CEO.

Hilburn has also served as mayor of Shelton and has been active in the Noon Kiwanis Club, the Mason County Intergovernmental Council, the Shelton-Mason County Chamber of Commerce, which honored him as a Citizen of the Year, and the Economic Development Council of Mason County.

Hilburn co-founded the Karen Hilburn Cancer Fund with his wife, Karen, in 2004, to financially support Mason County women for treatment of breast and cervical cancers.

"It truly feels like a new day for Mason General," he said. "When we accomplish something really special, it's because we have a team of leaders all working together to achieve a common goal. I am thankful to our CEO Eric Moll, my fellow commissioners, Gayle Weston and Don Wilson, and to Karen, my wife, who supports my mission to make our Hospital the very best it can be."

Concierge volunteers needed to showcase Mason Clinic



Ann Williams and Gene Bush

The District's new Mason Clinic Concierge Volunteers will be ready to greet patients and visitors at the door with a smile when the new building opens in February 2020.

These volunteers will be tasked with:

- Guiding patients, visitors and staff throughout the new two-story 60,000-square-foot building
- Providing general information and answering questions
- Keeping lobby areas tidy
- Assisting in any special events and projects as needed.

Join **Ann Williams** and **Gene Bush** in welcoming the community to Mason Clinic!

To learn more about the Concierge Volunteer program and to sign up to volunteer, call **Lonnie Hatman**, Volunteer Coordinator, at 360-427-3679.

Special Kudos



Congratulations to Alexander Howe, environmental services technician, for being selected as the Mason Health November *Employee of the Month*.

New providers choose Mason Health!



David E. Anderson, MD MGH Shelton Family Medicine Jenny Johnston, ARNP MGH Olympic Physicians Kirsten Kilgore, PMHNP-BC MGH Olympic Physicians

Patient Testimonial

Special Thank You to the Birth Center nurses

I had my first child here in 2012 and my second here in 2019. Both visits were amazing! The nurses Amanda, Sarah, Dulce, Devra, Sandi and Tina were so kind and went above and beyond to keep me comfortable and happy. They were amazing with the babies, too. Thank you.

Classes and Workshops

Special announcement! Starting in January, the Mason Health Community CPR/AED/First Aid courses will be held on the second Saturday of the month to better accommodate our patients and students.

First Aid/CPR/AED: Learn the basics of first response in a medical emergency

When: 5 to 9 p.m., Thursday, Dec. 12

Where: MGH Learning Center, located next to the Shelton McDonald's on Olympic Highway North

Cost: A fee of \$40 (exact cash or check) is required in advance to cover the cost of books and materials, and an eCard can be made available upon successful completion of the course. Comfortable clothing is recommended for all participants, and a Spanish interpreter can be provided on request.

Register: Call the MGH Learning Center at 360-427-3609.

General Diabetes Support Groups:

These free meetings are designed to support, encourage and inform everyone in the community about how to manage diabetes. Call **Debbie McGinnis**, RN, CDE, at 360-427-7332 for more information.

Subject: Strategies to prevent and manage hyperglycemia

When: 1 to 2 p.m., Dec 12, in MGH Pershing Room and 1 to 2 p.m., Dec. 19, at Port of Allyn

Type 1 Diabetes Support Group:

When: 1 to 2 p.m., second Wednesdays, Dec. 11

Where: MGH Ellinor Room

Register: Call Debbie McGinnis, RN, CDE at 360-427-7332 for more information.

Cancer Wellness Workshops:

Mason Health partners with the Karen Hilburn Cancer Fund and Harmony Hill Retreat Center to offer a free support program to those affected by cancer, including caregivers.

The Cancer Wellness Program is a series of workshops held every second Wednesday of the month. Harmony Hill faculty member, **Melissa Layer**, MA, LMHC-A, guides the class, which includes supportive discussion, gentle movement and the arts to promote self-care and positive change.

When: 4 to 6:30 p.m., second Wednesdays, Dec. 11

Where: MGH Pershing Room

Register: Space is limited, so early registration is advised. For more information and to register, call **Kelly Mattheis**, patient navigator, at 360-432-7706 or email patientnavigator@masongeneral.com.

Mason Health

901 Mountain View Drive, PO Box 1668, Shelton, WA 98584
360-426-1611, from Allyn 360-275-8614
Toll free 1-855-880-3201 • TTY/TDD 360-427-9593

www.MasonGeneral.com • www.MyMasonVirtualCare.com

Equal Opportunity Provider • Free Translation Services Provided/Se habla español

Accredited by DNV-GL Healthcare

MGH&FC complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, religion, national origin, age, disability, sex or sexual orientation.

Vision Statement

Provide the best patient-centered care in the Pacific Northwest.



Get Covered, Washington!

Open enrollment in Washington Healthplanfinder ends on Dec. 15. Sign up or renew your health and dental coverage, including free or low-cost Washington Apple Health (Medicaid). Patient Navigators at Mason General Hospital can help you choose a plan, enroll in a plan or answer questions about available plans.

Call 360-432-7766 for more information.