



COVID-19 Updates

Hours & Closure Notices



Visitors, Hours and Service Changes:

- **No Visitors allowed:** except by appointment only for Birth Center and End-of-Life patients. *Only one visitor permitted in these two instances.*
- **Masks required** for entrance into Mason Health facilities.
- **Mason General Hospital Main Entrance:** Mon-Fri: 6:30 a.m. to 3 p.m., Sat: 9 a.m. to noon, closed to the public on Sundays
- **Mason Clinic:** Mon-Fri: 7:30 a.m. to 5 p.m. - No Saturday hours.
- **MGH Olympic Physicians:** Mon-Fri: 7:30 a.m. to 5 p.m.
- **Mason Clinic Lab:** Mon-Fri: 7:30 a.m. to 6 p.m.
- **Mason Clinic Walk-In:** Mon-Fri: 8:30 a.m. to 6 p.m., Sat/Sun: 10 a.m. to 5 p.m.
- **Diagnostic Imaging outpatient:** Mon-Fri: 6:30 a.m. to 3 p.m., Sat: 9 a.m. to noon, Sun: Closed
- **Anticoagulation services and pregnancy ultrasounds** have been relocated to the former MGH Surgery Clinic at 1710 N. 13th Street in Shelton.

Mason Health Office Closures:

The following offices and businesses remain closed until further notice. Visit <https://www.masongeneral.com/about/covid-19> for the latest updates.

- **MGH Gift Shop**
- **MGH Bistro Cafeteria**
- **Treasures Thrift and Books**
- **Medical Records Office** (Call 360-427-9587 for service)
- **Patient Accounts and Billing** (Call 360-427-3601 or email hospitalbillingquestions@masongeneral.com)
- **Volunteer Services, Development and Foundation Office** (Call 360-427-3623 or email foundation@masongeneral.com)
- **Learning Center** (Call 360-427-3609 or email tdidonna@masongeneral.com)

Changes to Classes & Workshops:

In light of the current concerns around the COVID-19 virus, **Mason Health has cancelled all community meetings, classes and support groups** (First Aid/CPR, Diabetes, Cancer Wellness, etc.) that meet at Mason General Hospital, Mason Clinic, the Learning Center, the Port of Allyn and MGH Hoodspout Family Clinic until June 1, 2020.

Please note that this could change at any time.

COVID-19 Resources:

Stay up-to-date on COVID-19 with the following trusted resources:

- <https://www.masongeneral.com/about/covid-19>
- <https://www.cdc.gov/> – U.S. Centers for Disease Control and Prevention
- <https://www.doh.wa.gov/> – Washington State Dept. of Health
- <https://www.co.mason.wa.us/COVID-19/index.php> – Mason Co.



Follow COVID-19 Updates on Mason Health's Facebook page and our website

<https://www.masongeneral.com/about/covid-19>

Mason Health

901 Mountain View Drive, PO Box 1668, Shelton, WA 98584
360-426-1611, from Allyn 360-275-8614

Toll free 1-855-880-3201 • TTY/TDD 360-427-9593

www.MasonGeneral.com

Equal Opportunity Provider • Free Translation Services Provided/Se habla español

Accredited by DNV-GL Healthcare

Mason Health complies with applicable Federal civil rights laws and does not discriminate on the basis of race, color, religion, national origin, age, disability, sex or sexual orientation.

Mission

United Community, Empowered People, Exceptional Health

Vision

Provide the best patient-centered care in the Pacific Northwest.

Values

Service & Relationships

TELEHEALTH

NOW AVAILABLE!

Schedule phone and video appointments for

- Primary Care
- Behavioral Health
- Specialty Care

Call your provider's office or call Mason Clinic at **360-426-2653**

Find a provider at www.masongeneral.com

SYMPTOMS OF COVID-19

FEVER COUGH SHORTNESS OF BREATH

If you experience these symptoms, please call the **COVID-19 RESPIRATORY ILLNESS TRIAGE LINE** to avoid an unnecessary trip to the hospital:

360-427-3615

PREVENTIVE CARE MATTERS

Mason Clinic Women's Health

Your care team at Mason Health would like to make sure all women are screened for cervical cancer. Screening is looking for cancer before a person has any symptoms. Cervical cancer screening tests can help find and treat abnormal changes early.

Contact Women's Health services at MGH Mountain View Women's Health at 360-426-0955.

News Briefs

Celebrating Women's Health

The 21st annual **National Women's Health Week** kicks off on Mother's Day, May 10, and is celebrated through May 16, 2020. The U.S. Dept. of Health and Human Services' Office on Women's Health leads the effort to encourage all women to be as healthy as possible.

Mason Health prioritizes women's health. This past fall, Mason Health began to offer laparoscopic hysterectomies at Mason General Hospital, and earlier this year, the Karen Hilburn Cancer Fund, a chapter of the Mason General Hospital Foundation, donated \$104,000 toward the purchase of vital women's health equipment.

Now, women will not have to travel out of county for important services unique to their needs.

New Laparoscopic Surgery offered at Mason General Hospital

Providers **Carey Martens, DO**, and **Andrea Martin, MD**, of MGH Mountain View Women's Health work seamlessly together to perform laparoscopic hysterectomies at Mason General Hospital. They use only two to three small incisions and a camera inserted through one of the incisions, rather than performing open abdominal surgery.

Patients are under anesthesia for a shorter amount of time, and recovery time is reduced, from up to eight weeks to about two weeks.

"We're able to perform complex surgeries on higher-risk patients without the need of a robot," said Dr. Martens. "We're making it so that patients can get their surgeries here instead of going to a larger hospital."



Providers **Carey Martens, DO**, and **Andrea Martin, MD**, pose before entering the Operating Room ahead of a laparoscopic hysterectomy performed in January. Photo by Arla Shephard Bull.

Birth Center Check-In Relocation

Birth Center patients enter through the Birth Center back door and not through the main areas of the hospital. Call 360-427-9558 before your arrival.



Karen Hilburn Cancer Fund donates \$104,000 toward women's health equipment

The **Karen Hilburn Cancer Fund**, a chapter of **Mason General Hospital Foundation**, donated \$104,000 to go toward the purchase of a stereotactic breast biopsy adapter for \$85,000, a hysteroscope for \$5,000, and two colposcopes for \$7,000 each.

Mason Health will now be able to perform breast biopsies in-house, without having to refer patients to a facility in Olympia, and the other pieces of equipment replace outdated models.

"It can be a night and day difference when you use newer equipment," Dr. **Andrea Martin** said.



Karen Hilburn Cancer Fund Board Members: top row: Katie Arnold, Raeanne Myers, Ginger Brooks, Linda Cargill and Kelle Oblizalo; bottom row: Kathy Mix, Dr. Andrea Martin, Nancy Wright, Karen Hilburn and Hilburn's dog, Bodhi. Not pictured: Michele Crow, Karen Anderson, Michelle Corral, Kathy Geist, Jan Olson, Jackie Rhodes and Marcia Rohlik.

Event Cancellations & Postponements – COVID-19

Due to concerns surrounding COVID-19, Mason General Hospital Foundation is evaluating our summer events. Please follow us on social media or visit www.masongeneral.com for the most up-to-date information on the **26th annual Quality Care Open**.

Both the Centennial Guild's **Goldsborough Creek Run/Walk/Jog** (scheduled for May 30) and the **Karen Hilburn Tour de Mason Lake** (scheduled for June 13) have been cancelled and will return next year.



Mountain View Women's Health providers will be moving to Mason Clinic this year!

Follow our updates on social media and at www.masongeneral.com/about/mason-clinic-construction-updates