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Mason Health
Mason General Hospital
Mason Clinic

PLEASE JOIN US!
The community is invited to a

DRIVE-THRU TRUNK OR TREAT

Cars will be spaced out 6 feet and staff will be dressed up in festive costumes. Staff will also be required to wear masks and gloves.

FRIDAY, OCT. 28
2 to 5 p.m.

MASON GENERAL HOSPITAL
Emergency Department Parking Lot

SAY BOO TO THE FLU!
Mason Health will be offering free flu shots during Trunk-or-Treat. To donate candy, email foundation@masongeneral.com

Follow us on social media

MGH Foundation News

THANK YOU BIKERS FOR BABIES WARRIOR ANGEL RIDERS!



Warrior Angel Riders Director Liliann Lear, volunteers Becky Lougheed and Jen Gallagher, and Mason Health Chief Development Officer Jennifer Capps pose at Bikers for Babies on August 24.

Your support for **Bikers for Babies** benefits the Mason General Hospital Birth Center, with the purchase of three new types of equipment! Funding will be used to purchase new **Stryker LD304** Birthing Beds, a new **IntelliVue MX400** transportable cardiac monitor that can be used to monitor a baby's heart rate and oxygen saturation, respiratory rate, and blood pressure and an **IntelliVue MX100**, a portable, stand-alone monitor for patient monitoring on-the-go.



Sign up Now for *Pulse*

Mason Health's online newsletter focuses on the latest news from the District. To be added, email foundation@masongeneral.com.

Special Kudos



Congratulations to **Peggy Johnson**, Registration Specialist, for being selected the September 2022 *Employee of the Month*.

Classes and Workshops

Cancer Wellness Workshop

Mason Health, in partnership with **Harmony Hill Retreat Center** and with the financial support of the **Karen Hilburn Cancer Fund**, is hosting virtual cancer support groups. For more information, call 360-432-7706 or email

patientnavigator@masongeneral.com.

Time: 4 to 6:30 p.m., second Wednesday of the month
Location: ZOOM or conference call
Cost: Free

DO A PROVIDER SEARCH

Go to www.masongeneral.com and click on FIND A PROVIDER in the top menu. Enter a Provider's Name or Specialty for a list of providers.

Staffing Updates

Mason Health welcomes two new Primary Care providers!



David Soha, DO



D'Arcy Kaaua, ARNP

Welcome **David Soha, DO**, and **D'Arcy Kaaua, ARNP**, to Mason Clinic-Primary Care! Dr. Soha and Kaaua (pronounced *Kah-ow-ah*) will begin to see patients this October.

Originally from Alaska, Dr. Soha grew up in Shelton, attending middle school through high school here. He prefers to practice in rural settings and is family practice-oriented with clinical interests in hands-on manipulation for musculoskeletal conditions and addiction management. He graduated from Pacific Northwest University of Health Sciences in Yakima in 2019.

Kaaua is originally from Hawaii and moved to Shelton in 2005. She served as a registered nurse for 22 years, including 13 years as a hospice nurse in Mason County. She obtained her master's of science degree in nursing from Gonzaga University in August 2022.

Call Mason Clinic-Primary Care at 360-426-2653 to make an appointment.

Current COVID-19 & Vaccination Updates

Current Mason Health Protocols

All subject to change.

Visitors Allowed
(Limited Exceptions for Special Circumstances)
Cafeteria Open to Patients and Staff Only

Visiting Hours
10 a.m. to 6 p.m., Mon.-Fri. • 10 a.m. to 2 p.m. Sat.-Sun.
All visitors please use Main Entrance except Emergency Department visitors

For the most up-to-date visitor guidelines, visit www.masongeneral.com.

Policy and practice does not change regardless of vaccination status.

Thank you for choosing Mason Health for your care!

Mason Health is committed to the safety of its patients as the COVID-19 pandemic continues. **Masking** is still required at all Mason Health facilities and some **visitor restrictions** remain in place.

COVID testing is available Monday-Friday, 10 a.m. to 2 p.m., by appointment only at the Curative kiosk on the Mason Health campus (**Red circle**).

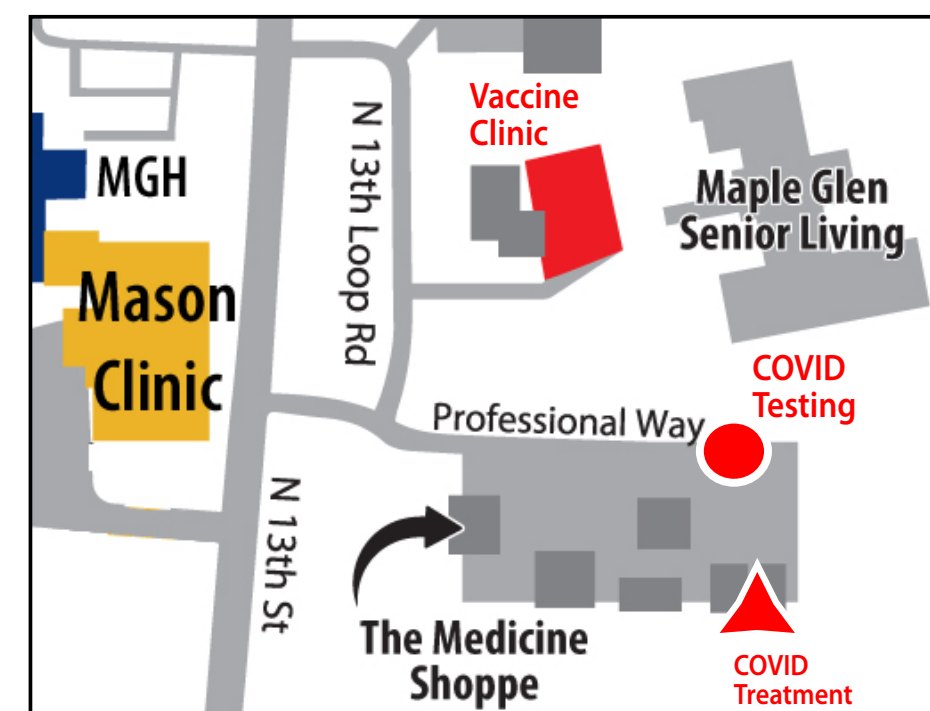
COVID vaccines can be scheduled with your primary care or pediatric provider or at the Mason Health Vaccine Clinic (**Red square**).

COVID treatment clinic (**Red triangle**) hours are now 1 to 5 p.m. Mon.-Fri.

To schedule a COVID test, visit <https://book.curative.com/sites/31254>.

COVID vaccines can be scheduled with your primary care or pediatric provider or at the Mason Health Vaccine Clinic (**Red square**).

COVID treatment clinic (**Red triangle**) hours are now 1 to 5 p.m. Mon.-Fri.



For more information on vaccine and booster shot eligibility and availability, visit www.masongeneral.com/clinics/mgh-vaccine-clinic.

Mason Health
Mason General Hospital • Mason Clinic

talkspace

MVP Program – Access free digital therapy through Talkspace!

Register now! Learn more on the Employee Intranet page!

A benefit for Mason Health employees and their dependents

Free Calm Premium Subscription for Mason Health employees!

Learn more on the Employee Intranet page!

Calm Business

Mason Health
901 Mountain View Drive, PO Box 1668, Shelton, WA 98584
360-426-1611, from Allyn 360-275-8614
Toll free 1-855-880-3201 • TTY/TDD 360-427-9593
www.masongeneral.com

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Mason Health does not discriminate on the basis of patient's age, race, ethnicity, national origin, gender identity or expression, sexual orientation, religion, culture, physical or mental disability, financial status or condition (including the terminally ill or dying), limited English, visual, hearing or learning impaired.

Practice Greenhealth

Mission
United Community, Empowered People, Exceptional Health

Vision
Provide the best patient-centered care in the Pacific Northwest.

Values
Service & Relationships

Follow us on social media

