



IT'S SAFE TO GET CARE AT MASON HEALTH

CHOICE
Regional Health Network

Mason Health
Mason General Hospital • Mason Clinic

Open Enrollment Pop-Up Event

WHEN:
December 15, 2020
10am - 3pm

WHERE:
Mason General Hospital
901 Mountain View Dr.
Shelton, WA 98584

Mason Health and CHOICE Regional Health Network will host a mobile pop-up open enrollment tent for anyone interested in signing up for Washington Healthplanfinder!

Sign up early for an appointment!
Call 360-819-7989 or register online at https://calendly.com/crhn_navigator/mgh_oe

Sponsored by:
United Healthcare Community Plan, MOLINA HEALTHCARE, Amerigroup

washington healthplanfinder
click. compare. covered.

Mark your calendars!
Open enrollment for Washington Healthplanfinder has started! The open enrollment period is from Nov. 1, 2020 to Jan. 15, 2021.

If you need assistance signing up, please contact Mason Health's Patient Navigator **Susana Lopez** at 360-432-7766.

IT'S TIME TO GET YOUR FLU SHOT!

PREVENTIVE CARE MATTERS

It is more important than ever to obtain your preventive flu vaccination this season.

Be prepared for your health care provider to ask whether you have had your annual flu shot.

Contact your health care provider if you would like to schedule a flu shot. Your health is important to us.

IT'S SAFE TO GET CARE!

Mason Clinic Now Open!

Primary Care Providers

Henry In, DO Trevor Kwan, DO Benjamin May, DO

CALL 360-426-2653 TO BOOK AN APPOINTMENT!

For up-to-date visitor guidelines and hours, visit www.masongeneral.com

The testing tent's hours are 11a.m. to 4 p.m., Monday through Friday

Updated Hours!

The testing tent is located at the former MGH Oakland Bay Pediatrics, near The Medicine Shoppe on Professional Way.

Thank you for your understanding!

1 Emergency Entrance 2 Main Entrance 3 Mason Clinic 4 Testing Tent

Update as of 10/15/2020

Current COVID-19 Notices

No Visitors Allowed. Limited Exceptions for Hospitalized Patients.

ALL SUBJECT TO CHANGE

MGH Cafeteria open to authorized visitors only.

These Mason Health functions remain closed until further notice.

- The **MGH Gift Shop** will remain closed until Phase 4.
- All **community meetings, classes and support groups** have been cancelled until further notice.

The following offices at Gateway Center are now open:

- Health Information Management Office/Medical Records** is open from 8 a.m. to 4 p.m., Monday through Friday. Please call ahead at 360-427-9857.
- Patient Accounts and Billing Office** is open from 8 a.m. to 4:30 p.m., Monday - Friday. If you have any questions please call 360-427-3601; from Allyn call 360-275-8614 and ask for the Patient Accounts Office. You can pay your bill online at www.masongeneral.com/payyourbill.
- The **Learning Center** is open by appointment only. Call 360-427-3609 to inquire about classes.
- The **Mason General Hospital Foundation and Mason Health Development Office**, which also houses **Volunteer Services and Marketing**, is open by *appointment only*. Call 360-427-3623 or email foundation@masongeneral.com to schedule an appointment.

Visit our social media sites and www.masongeneral.com/about/covid-19 for the latest updates.

HOW TO WEAR A MASK

ENSURE THE PROPER SIDE OF THE MASK FACES OUTWARD - COLORED SIDE FOR MEDICAL MASKS AND PATTERNED SIDE FOR CLOTH MASKS

ENSURE IT COVERS THE NOSE AND MOUTH FULLY

SECURE THE STRINGS BEHIND YOUR HEAD OR OVER YOUR EARS

FOR MEDICAL MASKS PRESS THE METALLIC STRIP TO FIT THE SHAPE OF THE NOSE

IF USING A CLOTH MASK, MAKE SURE IT FITS TIGHT AROUND YOUR NOSE AND MOUTH AT ALL TIMES

¿CÓMO USAR UNA MÁSCARA?

ASEGÚRESE DE QUE EL LADO CORRECTO DE LA MÁSCARA MIRE HACIA AFUERA: EL LADO DE COLOR PARA LAS MÁSCARAS MÉDICAS Y EL LADO ESTAMPADO PARA LAS MÁSCARAS DE TELA

ASEGÚRESE DE QUE CUBRA COMPLETAMENTE LA NARIZ Y LA BOCA

ASEGURE LAS CUERDAS DETRÁS DE SU CABEZA O SOBRE SUS OÍDOS

PARA MÁSCARAS MÉDICAS, PRESIONE LA TIRA METÁLICA PARA QUE SE AJUSTE A LA FORMA DE LA NARIZ

SI USA UNA MÁSCARILLA DE TELA, ASEGÚRESE DE QUE SE AJUSTE BIEN ALREDEDOR DE SU NARIZ Y BOCA EN TODO MOMENTO

MGH Foundation News

MGHF Joins Give Local Campaign!

For the first time, Mason General Hospital Foundation is participating in **Give Local** this November! Give Local is powered by Community Foundation of South Puget Sound. Since its inception, Give Local has helped raise over \$850,000 for 75+ different nonprofits across Thurston, Mason, and Lewis Counties. Join us from Nov. 9 - 20 as we partake in the community-wide event and raise funds for quality health care in your community! Learn more about Give Local and how you can help us at spsgives.org and by following us on social media.



Call MGH Foundation at 360-427-3623 directly or visit www.masongeneral.com/community/events/give-local if you have questions.

Testimonial

Praise for Dr. Rose Ann Rayos, MD

Dr. Rayos has been my children's primary care pediatrician since 2017 and I really enjoy how personal and funny she is.



Rose Ann Rayos, MD

However, I saw a different side of her today. Dr. Rayos usually works about 8 a.m. to 4:30 p.m. and last night she came down to see me and my wife before she left for the day as we had a baby at the Birth Center. She did her usual joking and even signed our baby book before she left for the day.

About an hour or two later, I was surprised to see Dr.

Rayos back at work. This time she was on a mission and was working. There was an emergent situation that she was called in for and I've never seen that serious side of her. By my best count, she had worked for 24 hours straight.

As I woke up from a short nap, I heard Dr. Rayos' voice in the hall. It was about 2:30 a.m. and I poked my head out to say good morning and she looked very tired but she had her usual smiley happy face.

It was at that moment that I realized she was not human and was, instead, a super hero. For the first time this morning, I was able to see a side to her most average patients will never see.

I was also able to see why she does what she does; it is out of pure love for babies and humanity. Please take this time to acknowledge her for her amazing hard work and dedication to her profession.

She is a very special doctor, and we are all blessed to have her with us.

Mason Health

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www.masongeneral.com
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Mason Health does not discriminate on the basis of patient's age, race, ethnicity, national origin, gender identity or expression, sexual orientation, religion, culture, physical or mental disability, financial status or condition (including the terminally ill or dying), limited English, visual, hearing or learning impaired.

Mission
United Community, Empowered People, Exceptional Health

Vision
Provide the best patient-centered care in the Pacific Northwest.

Values
Service & Relationships